

Principle 3: Domestic and family violence-informed and trauma-informed specialist practice



Services are committed to working in a DFV-informed and trauma-informed way that aligns with a strengths-based framework



Services address the impacts of vicarious trauma on staff

[Season 2 Episode 10: Trauma-informed is not the same as domestic violence-informed: A conversation about the intersection of domestic violence perpetration, mental health & addiction](#)

Safe and Together Podcast- Partnered with a Survivor: David Mandel and Ruth Stearns Mandel

[Being Trauma-informed in the workplace - film](#)

[Blue Knot Guidelines](#)

- Organisational Guidelines for Trauma-Informed Service Delivery (2020)
- Practice Guidelines for Clinical Treatment of Complex Trauma (2019)

[Blue Knot Training](#)

A range of training programs delivered by Blue Knot

[Blue Knot Resources](#)

[Safe and Together Institute](#)

A range of resources relating to the Safe and Together model

[Person Centred Practice](#)

Vic Health have a range of resources on implementing and measuring person-centred practice

[Concept of Trauma and Guidance for a Trauma-Informed Approach \(2014\)](#)

Vic Health have a range of resources on implementing and measuring person-centred practice

[Supporting wellbeing of infants and children through a trauma-informed lens](#)

[Orygen](#)

Orygen, The National Centre of Excellence in Youth Mental Health, has produced some useful resources on trauma-informed care for children and young people (aged 12 to 25). These include:

- [Trauma-informed care toolkit](#)
- [Trauma-informed care clinical practice note](#)